



President's Letter

By Diana Limon

HAPPY NEW YEAR 2025

Diamond Bar Womans Club Members,

Happy Holiday's and Good Cheer to all. It is a busy time for everyone and whether you traveled or stayed local, I hope you had the most wonderful time.

We can be proud as club members. We set out this past year to enter the future with kindness, strength and trust; we accomplished this thus far. We set goals for our scholarship fund and completed; We set out to do community service and we completed; We set out to help our sister clubs and domestic violence groups and we met those.

However, we can do so much more! Each one of us is part of the Scholarship Committee, this is our main project as club members. Let's put our ideas together and set our committees for our May 2025 Scholarship event at the January meeting. There are several tasks needed to complete this, each one of us has a special talent and a desire to help. If you are not able to attend the in-person meeting to state what you would like to assist with for our Scholarship awards in May, send an email to me and we will get you on a subcommittee.

Our public officials have seen our enthusiasm for our events and have given us funds to go further. We can aim higher this coming year, with your ideas and voices, we can carry out what we collectively decide. We are better together, and volunteering is so gratifying.

Let's start this New Year with a Positive, Energized and Collaborative effort to succeed.

With Gratitude,

Diana Limon

President - DBWC

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By Claudia Maidenberg

Women's rights are human rights.

In past articles I have talked about how women were controlled by men through limitation placed on women in property ownership, credit establishment, and ability to open a bank account. Beyond these limitations did you know that it was not until the 1970's that it was not only legal but it was considered socially acceptable for a husband to beat their wives or female partners? Until the 19th Century (1800-1900) there were no consistently applied legal consequences for men who physically abused their wives or female partners.

1985 Tracey Thurman sued the city police department in Torrington, Connecticut, claiming their failure to provide equal protection under the law against her abusive husband. In 1982 Tracey left her abusive husband. He forcibly entered the home Tracey was staying at and took their child. The child was returned but the police refused to accept a complaint of criminal trespass from the homeowner. Tracy's husband continued to harass her on numerous occasions and violated restraining orders to stay away from Tracey. The police refused to take action even when they witnessed her being kicked in the head. Only when the husband attempted to enter the ambulance she was in and attack both paramedics was he arrested. Tracy was partially paralyzed from this incident. She was awarded 2.3 million dollars.

In 1994 this lawsuit was used by Barbara Boxer to successfully sponsor the first comprehensive law in the United State to combat domestic violence, sexual assault and stalking – the Violence Against Women Act. Step back from that historical description and think about the fact that it was not illegal for a man to beat, sexual assault or stalk his wife until 1994.

Continued on next page below



PROTECTION REQUIRES MORE THAN REPRESENTATION

By Claudia Maidenberg

Also, consider the action to stop this reprehensible behavior did not come because congress was motivated by doing the right thing. It took a law suit awarding 2.3 million dollars (the equitant of 4.875 million in 2024) against a public agency to generate any real consensus on the need for change. Abuse can take many forms and those forms need other laws.

Our very own Federated Sister Senator Susan Rubio introduced California Senate Bill 1141, which was signed into law in 2020. This law expands protection to domestic violence survivors by recognizing "coercive control" as a form of abuse. Coercive control includes behavior such as isolating the victim from friends and family, controlling their daily activities, finances, and communication and depriving them of basic necessities. It might be easy to define coercive control on paper. In the real world those who perpetrate that type of abuse are very creative. Even with this law in place it takes a judge who believes that women don't "need" that level of supervision for the law to make any difference.





DIAMOND BAR WOMAN'S CLUB

Treasurer's Article

Happy New Year's to All Club Members,

It is very exciting to know we are off to a great start! Our membership headcount has increased by (5)-New Members. Congratulations, to one and all. We have made our fiscal year goal. Don't let that stop you, keep inviting potential new members to join us, as we venture into a new journey of volunteering. We will be reviewing our Club Programs & Project at the upcoming January meeting. This will also allow our new members an opportunity to join a committee of choice.

The Diamond Bar Woman's Club did an outstanding job this past year with submission of information on completed projects and programs to be written up. I had the pleasure of writing reports with Claudia Maidenberg and we completed the task by December 30th which will allow time to turn the reports into the San Gabriel Valley District for judging, and entry into CFWC-California Federation of Women's Clubs.

Just a reminder, we will be collecting payments for the upcoming District Fashion Show, where our Club Kindness Angle will be honored at the Walnut Senior Center. Ticket cost \$35.00 - Please see me at the meeting I have tickets. You may also Zelle payments directly to:dbwc.volunteers@yahoo.com

Thank you Abbey Howell-Treasurer





Staying in the KNOW.....

San Gabriel Valley District

January 09, 2025 ----- Craft Contest items turned into District January 10, 2025 ----- 69th Birthday Council Board Meeting

<u>CFWC – California Federation of Women's Clubs</u>

January 10, 2025 ----- CFWC Winter Board Meeting – LEADS

Attendees Registration Forms Due











MLK DAY

Ways to contribute

MLKDay.gov Search for inperson and virtual volunteer opportunities in your community.

2025

- Make hygiene kits: Collect hotel samples or purchase travel
 - sized items to create kits for the homeless.
 - Help older adults: Volunteer Arlington offers opportunities to help older adults.

- Support the National Civil Rights Museum: Get involved with the museum that honors Dr. King's legacy.
 - Volunteer Alexandria hosts an MLK Week of Service where you can pack care packages from home.
- Join a local historical society: Learn about local history and get involved.
 - Learn about food insecurity: Volunteer Arlington offers opportunities to learn about food insecurity.

Volunteering on MLK Day is a way to honor Dr. King's vision of a beloved community. Your service can help empower individuals, strengthen communities, and bridge barriers.





Snake is a symbol of wisdom, making Snake year the time to coil up, contemplate, and reflect. 2025 is the year of the Wood Snake. Of the five Taoist elements Fire, Earth, Metal, Water, and Wood, the element Wood symbolizes growth like a plant in springtime. This Wood Snake year offers the unique opportunity to quickly shed skins of the past, creatively express what is in the shadows, and move forward covering much ground.

Snake is naturally intuitive, elegant, and mystical. Focus is on the inner world, spiritual exploration, and new depths in relationships. Snake's power is to quietly yet strongly pursue ambitions. Yet be flexible, not dogmatic, in this Yin Wood year. Yang Wood is a pine tree. Yin Wood is bamboo. Snake is a Yin animal who benefits from being flexible like bamboo, and adapting to change.

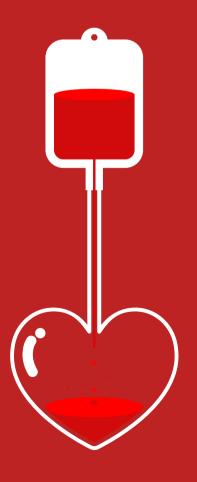
Snake year is important to shed your skin, meaning pare down material goods to just what are your best, such as a capsule collection wardrobe. This summer, truly clean out like Swedish Death Cleaning. (Google it.) Snake year is the opportune time for a massive cleaning resulting in less stress, less chaos, and the ability to focus like a cobra. Good feng shui is mandatory in this Snake year to live in a clean, organized space.





JANUARY IS NATIONAL BLOOD DONOR MONTH

GIVE SOMEONE A SECOND CHANCE AT LIFE



More than 50 years ago - on December 31, 1969 President Richard Nixon signed a <u>proclamation</u>
designating January as National Blood Donor Month.
The monthly observance is intended to honor voluntary blood donors and to encourage people to give blood at a time when more of this critical resource is needed.

AABB will be marking the 2025 National Blood Donor Month (NBDM) with a series of activities that highlight the importance of blood donation and the work of the blood community to ensure the safety and continuity of the blood supply. Follow AABB on <u>Facebook</u>, <u>Twitter</u> and <u>Instagram</u> to participate in our NBDM activities











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2024 IN RECAPOF SO MANY CREAT MOMENTS OF LAST YEAR





























San Gabriel Valley District Presents:

"Dazzle with Detail"

Accessory Fashion Show

February 22, 2025

10:30 a.m. to 2:30 p.m.

Scarves, purses, jewelry, belts, and so much more!

Tickets are \$35.00

Event to

Honor our Kindness Angels

Deadline to purchase tickets February 14

DBWC 2024 Kindness Angel nominated Claudia Maidenberg Walnut Senior Center 21215 La Puente Road Walnut, Ca 91789







